



Natural
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THE SELF-AWARE LEADER

*Strengths Based Self
Awareness Leadership
Team Program*

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"Self-awareness is the meta-skill of the 21st century."

- *Dr. Tasha Eurich*

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- ▶ Harnessing the Power of Science & Psychology to Empower Your People and Teams for Peak Performance.
 - Enhancing Collaboration, Communication, Innovation, and Productivity
- ▶ Perfect for Boards, Leadership Groups, or Teams at Any Level.



THE ULTIMATE 360°

In the dynamic and fast-paced world of the 21st century, self-awareness stands as a foundational skill that drives personal development and maximizes impact in professional roles. To meet the demands of today's competitive landscape, organizations require leaders and teams who possess a deep understanding of themselves and their colleagues. However, conventional approaches often fall short, providing limited perspectives or subjective measurements of personality traits.

Introducing our pioneering Strengths-Based Self-Awareness Leadership & Teams Program. Rooted in scientific principles and psychological insights, this program offers an objective and holistic approach to cultivating genuine self-awareness among individuals and teams. By leveraging our proprietary Natural Ability assessment and fostering a dynamic T.E.A.M. Culture, our program guarantees to enhance the performance and cohesion of your organization.

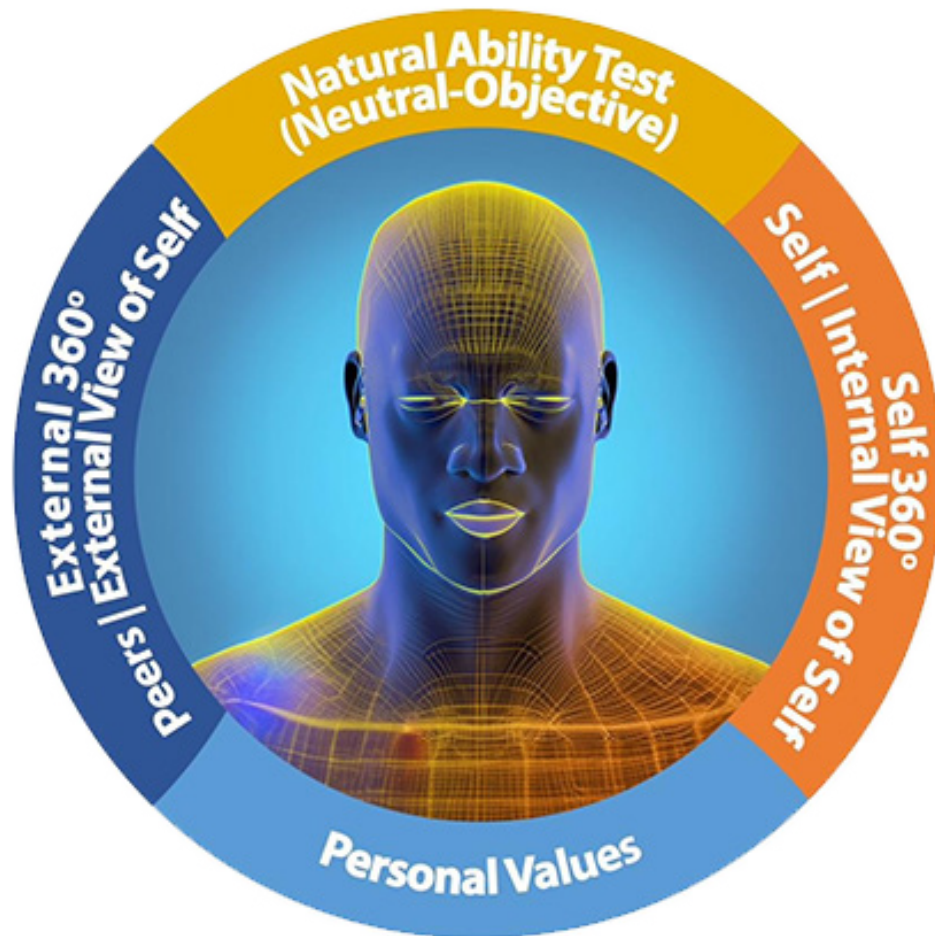
THE IMPORTANCE OF SELF-AWARENESS

Self-awareness is recognized as a transformative meta-skill that enables individuals to recognize their strengths, limitations, emotions, and triggers. By understanding themselves better, individuals can improve communication, collaborate effectively, and unlock their full potential.

OUR UNIQUE APPROACH

Our Self-Awareness program stands apart from traditional methodologies in its comprehensive and evidence-based design. We utilize a three-tiered approach to gain insights into individual self-awareness and team dynamics:

Complete 360° Model



Key Benefits of the Self-Aware Leader



01

SELF - Personalized Surveys

Each team member undergoes personalized surveys, designed to illuminate their internal perceptions and self-awareness. This step provides valuable insights into their communication styles, preferences, and potential blind spots.

02

PEER - Team Member Surveys

We engage in team member surveys, aiming to understand how individuals are perceived externally within the team. This 360° perspective fosters an inclusive understanding of each team member's dynamics, enhancing collaboration and trust.

03

NEUTRAL/OBJECTIVE - Natural Ability Assessment

Our proprietary objective testing methodologies evaluate each team member's genuine strengths and areas for improvement. By leveraging Natural Ability / Aptitude Testing, we provide objective measurements of raw ability and talent, going beyond subjective assessments.

04

VALUES – Personal Values Sort

Each team member undergoes personalized surveys, designed to illuminate their internal perceptions and self-awareness. This step provides valuable insights into their communication styles, preferences, and potential blind spots.

THE TEAM WORKSHOP EXPERIENCE

To maximize the benefits of our Self-Awareness program, we offer an engaging team workshop, facilitated by an expert. During this workshop, team members will:

- Explore their individual and collective self-awareness through Personalized Leader and Ability Reports.
- Gain insights into team dynamics and how to best work together to achieve peak performance.
- Be introduced to our Dynamic T.E.A.M. Culture model, which fosters an environment of trust, collaboration, and innovation.

Key Benefits of the Self-Aware Team



PROGRAM INCLUSIONS:

- Natural Ability / Aptitude Testing for up to 10 team members.
- Detailed Team report with side-by-side comparisons of Team Strengths & Weaknesses.
- Personal & Peer 360° Surveys for comprehensive self-awareness.
- Individual Personalized Leader and Ability Reports for in-depth insights.
- Personal Values Sort Exercise.
- Team workshop to explore results and enhance team dynamics.
- Introduction to our Dynamic T.E.A.M. Culture model for fostering a highperforming and harmonious work environment.

POWERFUL CHANGE

1 Enhanced Employee Engagement

- ▶ Organizations that focus on employees' strengths experience up to a **15%** increase in employee engagement.
- ▶ Employees who use their strengths every day are **600%** more likely to be engaged at work

2 Increased Profitability

- ▶ Companies adopting strengths-based approaches see an average **23%** increase in profit.

3 Higher Customer Engagement

- ▶ Strengths-based initiatives can lead to a **7%** increase in customer engagement.

4 Improved Employee Retention

- ▶ Employees who feel their strengths are utilized are less likely to leave their jobs, reducing turnover rates.
- ▶ Engaged employees are **87%** less likely to leave their organizations.

5 Greater Team Cohesion and Productivity

- ▶ Leveraging individual strengths fosters better collaboration and efficiency within teams.
- ▶ Employees who use their strengths every day are **300%** more likely to report having an excellent quality of life.

Ready to Transform Your Leaders & Organisation?

The Strengths-Based Self-Awareness Leadership & Teams Program represents a transformative opportunity for your organization to empower its leaders and teams. By harnessing the power of science and psychology, we ensure that your people operate at their best, collaborating effectively, communicating openly, fostering innovation, and achieving peak productivity.

In an era where self-awareness is the key to success, our program guarantees to make your leaders and teams more self-aware than ever before, enabling them to thrive in today's ever-evolving professional landscape.

**Contact us to embark on the journey towards
unlocking your team's full potential.**



Natural
Ability.com.au



paddy@naturalability.com.au



www.naturalability.com.au/corporate/